



**Therapy  
Professionals Ltd**

Physio, Speech Language, Music,  
Occupational Therapists & Dietitians

## World Brain Awareness Week 11-17 March 2019

It's World Brain Week and every year neuroscientists are discovering more about how our brain functions, the effects of neurological disease and disability. This knowledge is giving us a window into treatments and possible solutions.

Here are a link to a Ted Talk which looks at the positive effect of exercise on the brain.

[https://www.ted.com/talks/wendy\\_suzuki\\_the\\_brain\\_changing\\_benefits\\_of\\_exercise#t-696398](https://www.ted.com/talks/wendy_suzuki_the_brain_changing_benefits_of_exercise#t-696398)

Take a look at the Brain Awareness Week website.

<http://dana.org/BAW/>

