



**Therapy
Professionals Ltd**

Physio, Speech Language, Music,
Occupational Therapists & Dietitians

World Brain Awareness Week 11-17 March 2019

It's World Brain Week and every year neuroscientists are discovering more about how our brain functions, the effects of neurological disease and disability. This knowledge is giving us a window into treatments and possible solutions.

Here are a link to a Ted Talk which looks at the positive effect of exercise on the brain.

https://www.ted.com/talks/wendy_suzuki_the_brain_changing_benefits_of_exercise#t-696398

Take a look at the Brain Awareness Week website.

<http://dana.org/BAW/>

