



THE R A P Y P R O F E S S I O N A L S L T D

Ex Templeton Contract Services provided by Therapy Professionals Ltd

Therapy Professionals Ltd is a practice of therapists, physio, speech language, occupational and music therapists and dietitians. We are contracted by the Ministry of Health to provide assessment and treatment services from:

Physiotherapists

- assist clients to gain or improve the quality of movements so they can participate at home and in the community, using equipment as needed.
- advise on back care and safe handling for staff.

Occupational Therapists

- assist clients to achieve and maintain their maximum level of independence and participation in leisure and self-care, using equipment as required.
- advise on the safety of working, teaching, living and recreational areas.

Music Therapists

- use music to:
 - meet emotional needs, help develop social interaction & communication
 - support learning and developmental needs
 - support physical needs
- advise on the use of music to benefit clients at home and in other environments

Speech Language Therapists

- assist with communication - understanding and being understood
- assist with safe eating and drinking

Dietitians

- assist with maintaining and improving health and wellbeing, and preventing illness through good nutrition

Currently therapists work between 10-15 hours a week in this contract.

Our therapists have New Zealand recognised qualifications and registration.

Clients covered by contract:

Ex Templeton clients who were part of the deinstitutionalisation process.

Exclusions from our contract include:

- education and training except on an individual's plan
- menu reviews
- acute services provided by the CDHB

What you can expect

All therapists are part time in this contract and spend most of their time out of the office with clients. If they are not available, our friendly office staff will endeavour to find someone to assist in emergencies. Please answer their questions as best you can.

If a referral is **not** urgent you may receive an advice sheet on what you can try prior to the client being seen.

Once your referral is actioned the therapist will

Assess: this may involve:

- observation
- asking the resident, you and other staff questions
- physical examination
- giving the client tasks to do

The information gathered will be analysed and recommendations developed. Assessments may be brief or comprehensive depending on client need.

Therapy Plan: will be developed with staff and parent/guardian (if required) input and based on the assessment findings.

Implementation of the Therapy Plan: This is usually done by the staff and occasionally the therapist.

Review: occurs when the client has any of the clinical indicators outlined on the plan

Discharge: only happens if a client moves out of the greater Christchurch area or they decide to use another service.

The majority of our work is indirect or via consultation. The three levels of therapy are as follows:

i) Direct/Hands On intervention

The therapist assesses, plans, implements the plan and reviews it as clinically indicated.

ii) Indirect Therapy

The therapist assesses and collaborates with staff to develop a workable plan which the staff carry out, the therapist monitors and reviews.

iii) Consultation/Indirect Therapy

The therapist works with staff to develop their skills and suggest resources so they can support the client.

Access to our services – just contact our office and we'll tell you what to do.

Phone: 03 377 5280

Fax: 03 377 5281

Email: admin@tpl.nz

Appointments – for efficiency:

- Cancellations – please contact our office as soon as possible
- Clients may need to be kept back from day placements for appointments
- We may ask to attend your staff meetings to discuss your client and teach how to implement plans.

Please contact us if a resident:

- moves house
- is in hospital
- has died

Enable Equipment Service (Ministry of Health Funded Equipment Management Scheme)

Our Physio and Occupational Therapists are accredited assessors for Enable equipment in the following areas:

1. Personal Care & Household Management

- a) Personal** equipment to enable a person to carry out personal care activities in their home, work or place of study, such as:
 - eating and drinking
 - personal hygiene (washing and toileting)
 - getting dressed
 - transferring from the bed or chair
 - getting in or out of the home
- b) Household Management** equipment to enable a person to carry out essential household tasks to return to, or remain safely in their home such as the preparation of food and drinks, if they live alone or are by themselves for much of the day

2. Walking & Standing

- a) Walking** equipment to support a person with walking and transferring.
- b) Standing** equipment to support a person to maintain a good functional position and body alignment in standing.

3. Basic housing modification equipment to ensure safety at home such as:

- handrails,
- wedge threshold ramps
- lever taps or
- internal door widening.

4. Complex Housing Modifications are where the alterations to the structure of the property are made.

5. Wheeled Mobility and Postural Management Level 1 and credential lying advice and recommendations related to wheeled mobility, seating and postural management solutions.

The Process:

This process can take between two hours and several months depending on the complexity and expense of the equipment.

- The client is assessed by an Enable accredited therapist for their need for equipment and their likely eligibility.
- An Impact on Life Questionnaire may need to be completed by or on behalf of the client.
- Therapist completes the Enable service request electronically if funding is 'available'. While funding may be available, Enable has final discretion on eligibility for equipment.
- Equipment is trialed or issued to an individual client.
- The therapist will follow up on the use and appropriateness of the equipment.

Keeping Records of Equipment

Most equipment comes with an ASSET NUMBER. The client or residential providers are responsible for keeping records of asset numbers and maintenance of the equipment.

The asset number stickers can fade or come off especially on soft fabrics, eg slings. We recommend you develop a system to record asset numbers permanently. (eg: taking a photo of the piece of equipment and asset number for the client's file).

Repairs and Maintenance:

The client or residential provider to contact one of the subcontractors listed below:

More Mobility/ Mobytech Ltd

113 Blenheim Road, Christchurch 8041

Phone: (03) 348 3460 Option 2 or 027 516 2340

Email: repairs@mobytech.co.nz
christchurch@moremobility.co.nz

Website: <http://www.moremobility.co.nz>

Personal Mobility Systems (Wheelchair Services (SI) Ltd) (not generally a mobile service)

29 Shakespeare Road, Christchurch 8240

Phone: (03) 366 8815 or 0275 383 584

Email: admin@mobilitysystems.co.nz

Website www.mobilitysystems.co.nz

Rehab Enterprises, mobile workshop.

Contact Owen Henwood on **phone:** 027 230 5974 or **email:** owenhenwood@live.com

It is recommended repairs should be pre-arranged. A phone call will ensure a prompt and efficient service.

Alteration or Modification of Equipment

If you wish to have a piece of equipment altered or modified this is **not** a repair or maintenance. Call the therapist.

Equipment no longer needed for clients:

Ring Enable and ask for it to be picked up **Phone:** 0800 171 995

OR

Residential providers - If another client would benefit from the equipment, call the therapist, they will assess and if suitable re-issue the equipment.

Equipment previously supplied by Therapy Professionals – our staff will continue recommending what equipment is best suited for your residents. Please click on link to see alternative suppliers:

http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/equipment_previously_supplied_by_therapy_professionals.pdf

Additional Therapy Services

Assessment and Treatment Service – on private fee paying basis

Non-ex Templeton Clients:

Our therapists are available to work with these clients on a private fee-paying basis. Often funding for such services can come from families, trust funds and possibly Lifelinks.

Other services:

- general training and education
- menu reviews
- consultancy/advice on the purchase of general equipment, renovations to properties

Just contact us:

Phone 377 5280
Email: admin@tpl.nz

For more information about our services visit <http://www.therapyprofessionals.co.nz>

Complaints – please contact our office if you have any concerns.