



Therapy Professionals Ltd

Newsletter Autumn 2022

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Autumn is a time for tidying up and getting ready for winter. In the garden we're cutting things back, raking up leaves and collecting fruit from the trees. Being outside in the garden has the added benefit of exposing your skin to sunlight which help you store vitamin D ready for the winter.

It's also a busy time for preserving all excess fruit and other produce by bottling, freezing or dehydrating ready to be used in the winter.

It's a good time to attend to the things that may cause you to slip and trip around your home like paths that get no winter sun, pavers which are lost or broken, replacing outside light bulbs and cutting back foliage covering your paths.

Covid

Covid is now well established in the community, and we are all feeling the effects of sickness and isolations. This could be complicated by normal seasonal colds and flus this winter so ensure you have good stocks of food and medicine at home.

The Burden of Ageing Relatives

If you are **worried** about an older relative's living situation, we can help alleviate your concerns by checking how they are managing. After doing so we would either suggest residential care or improve their independence by suggesting equipment, exercise, socialising, assistance with everyday tasks and adapting their environment.

For a small fee we could make a difference to the stress in your life.

Since 1985 Therapy Professionals has worked with the elderly, providing:

- services in aged care facilities
- private individuals
- falls prevention

Services for Children who Struggle with Life and Learning

Children with major disabilities are well served by Health and Education, however many other children struggle with a range of physical, thinking or sensory problems that cause challenges for learning, social interaction and behaviour. They may:

- not be keeping up with peers
- not engaging with learning
- struggling with handwriting
- not socialising well
- behaving unusually or oddly
- behaving aggressively
- avoiding new experiences
- miserable at home and school

For many years Therapy Professionals has provided services for children with disabilities, at home and in schools.



If you recognise a child with any of these issues a Therapy Professionals therapist may be able to help, contact us today.

Enable Equipment - what will be funded

Government funded equipment is available for people who are disabled to assist them to live as independently as possible (the exception is those in Rest Home and Hospital care). To access this equipment, you can go through your GP and get a referral to the Adult Community Therapy Team or come straight to Therapy Professionals who will be faster at doing an application for you however we have to charge for this.

Repairs and Maintenance

The contractors are:

Mobytech Limited

0800 662 983 Email: repairs@mobytech.co.nz

Wheelchair Services Plus

0508 MOBILITY (662 454) 03 366 8815 Email: info@wheelchairservices.co.nz

Total Equipment Care Services Limited

03 423 3574 office@tecservices.co.nz

Rehab Enterprises

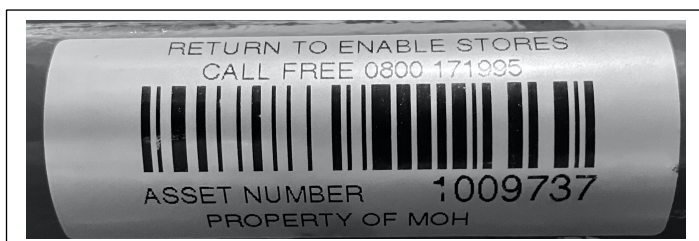
027 230 5974 owenhenwood@live.com



Returning Enable equipment

If you or your client no longer needs the equipment please contact Enable and ask them to collect it.

First ensure the equipment is from Enable. Enable equipment has a silver label like this. If the label is different or it has no label the equipment maybe owned by the CDHB or another organisation.



They have a free call number 0800 362 253 or 0800171995

Physiotherapy Assistants - Legal requirements

The employer, Physiotherapy Assistant and supervising Physiotherapist need to be **very clear** on the limitations of the Physiotherapy Assistant role and ensure they are adhered to.

Tasks specifically **excluded** from the Physiotherapy Assistant's role that could put the employer and employee at risk of legal action are:

- interpreting referrals
- assessing clients
- interpreting findings
- making a diagnosis
- planning and initiating a physiotherapy programme
- progressing or changing a care plan
- discharge planning
- discussing aspects of the client's medical condition or possible future care with other health professionals or family/whanau
- administering electrotherapeutic modalities that are connected to the mains supply *eg ultrasound*.



Any NZ new graduates and overseas Physiotherapists waiting for NZ registration **must be considered Physiotherapy Assistants** until their registration is confirmed.

Physiotherapy Assistants in residential care facilities must be supervised by a NZ Registered Physiotherapist.

Having trouble finding a gift?

Therapy Professionals gift vouchers could be the answer.

If you want to give an elderly relative or a child with special needs a little help, and don't know how? A gift voucher can be a very good way to do this.

Choose any amount from \$50 or over to go towards Physio, Speech Language, Music and Occupational Therapy and Dietetics.

If you're not sure what these therapists do, check out our website

<http://www.therapyprofessionals.co.nz>



Monthly Nail Trimming Clinics



When ageing or disability makes it hard to reach and cut your toenails we can help with:

- trimming your toenails and finger nails
- removing corns, calluses and dry skin
- managing fungal infections

Monthly Clinics

Physical Sense (300 Colombo Street)	on a Tuesday
Therapy Professionals (12 Coronation St)	on a Thursday
Hornby Community Centre (8 Goulding Ave)	on a Tuesday
Diamond Harbour Medical Centre (2 monthly)	on a Wednesday

Home visits by arrangement costs include travel time and mileage

Book an appointment at

Therapy Professionals Ltd

Ph: 03 377 5280

Email: admin@tpl.nz

Call us for current costs

Therapy Professionals is a community based private practice of Physio, Speech Language, Music and Occupational Therapists and Dietitians. We work with people of all ages with disabilities, our special interests being ageing, intellectual and physical disabilities.

We can help. We come to you.

Phone: 03 377 5280

Email: admin@tpl.nz

Website: www.therapyprofessionals.co.nz