



**Therapy
Professionals Ltd**

Physio, Speech Language, Music,
Occupational Therapists & Dietitians

World Dietitians Day 13 March

In a world where we are bombarded with different diets, it's sometimes hard to know who to trust, when it comes to what we eat.

Dietitians can help you through the sea of advertising and promotion to ensure you understand basic nutrition. If you have a health issue they can help ensure you eat the right foods for your health condition.

For more information on dietitians follow these links:

http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/dietitians_day.pdf

<https://www.dietitiansboard.org.nz>

<https://dietitians.org.nz>