



## International Brain Awareness Week 12 – 18 March 2018

The brain is like the ‘hard drive’ of a computer. It controls all our bodily functions; how we move, think and feel.

Over the past few years there has been much discovered about the brain, the most exciting of which is our brains continue to grow new connections even in adulthood. This has changed the way we look at treating and managing many health conditions such as Stroke, Parkinson’s disease, Dementia and Multiple Sclerosis (MS).

To learn more follow the link to some interesting TED talks and Radio NZ links.

[http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/international\\_brain\\_awareness\\_day\\_13\\_march\\_2017.pdf](http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/international_brain_awareness_day_13_march_2017.pdf)

If you are Interested in the brain and the research that’s going on in our community the link below takes you to a local Brain Awareness Day event this Saturday.

<https://brainweek.co.nz/events/brain-day-christchurch-brain-research-the-local-talent/>

If you know someone whose communication has suffered as a result of a Stroke, Parkinson’s Disease or MS we have an innovative service here in Christchurch which may help them improve their communication, ‘The Cantabrainers Choir’ run by Therapy Professionals Ltd.

Check out the link below to see the choir in action:.

<http://www.therapyprofessionals.co.nz/cantabrainers-choir.html>

