



Therapy Professionals Ltd

Physio, Speech Language, Music,
Occupational Therapists & Dietitians

International Day of the Older Person – 1 October 2019

Introducing Professionals for Positive Ageing – Christchurch

Professionals for Positive Ageing - Canterbury

*A network of private professionals who
work with older adults to improve
health, wellbeing and quality of life*



Exercise as Medicine works with older adults and people living with long term conditions like PD, MS and Stroke. We run classes for people living with long term conditions. Specialist classes include Prost-FIT (Prostate cancer men), Bounce BACK (Cardiac recovery), Amplitude (PD) and Stroke/MS small groups.

kris@eamnz.com 021 262 8886



A non medical service tailored to support seniors to remain living in their home safely. Assistance is with – meal preparation, shopping, household tasks, laundry, outings and companionship.

Ph: 03 669 2669
www.homeassistantsforseniors.co.nz



Optimising Life for People with Neurological and Age Related Conditions. Privately funded, home and rest home based physiotherapy service. Includes Parkinson's specific services, post polio and wheelchair assessments.

Ph: 0800 000 856 www.onthego physio.co.nz



- Rehabilitation classes (general/ Stroke/Osteoporosis/Intermittent Claudication)
- CDHB Falls prevention contract
- Osteoarthritis treatments
- Monthly Foot Care service
- Information Centre for services for seniors

Phone: 03 377 2577 E-mail: clinic@oos.co.nz



Therapy Professionals Ltd

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Occupational Therapists & Dietitians

P: 03 377 5280

F: 03 377 5281

E: admin@tpl.nz

Physio, Speech Language, Music and Occupational Therapists and dietitians working with the elderly, to make live easier wherever they live, work or play.
www.therapyprofessionals.co.nz



Catherine ph: 027 221 9071

Louise ph: 021 02 3134 82

Email: hello@thrive.co.nz
www.thriveot.co.nz

Thrive provides skilled occupational therapy for adults with issues related to ageing, mental health, disability or illness. We see people in their homes and maximise their independence, safety and quality of life.



Communication & Swallowing Specialists

Alison Lunn: 021 592 424
Jo Tipping: 022 124 2554
E: admin@voicesltspecialists.co.nz
www.voicesltspecialists.co.nz

Voice SLT Specialists is a private speech and language therapy service providing support for communication, voice and swallowing difficulties. Voice actively promotes health, well-being and positive ageing in your community.

**For timely services
give your patients the
choice of going private**

Here are a few links of interest.

United Nations

<https://www.un.org/en/events/olderpersonsday/>

Super seniors

<http://superseniors.msd.govt.nz/news-events/international-days/international-day-of-older-persons.html>

Age concern Auckland

<https://www.ageconcernauckland.org.nz/international-day-of-older-persons>