

Is a child you know struggling at home and school?

A child you know may

- not be keeping up with their peers
- not be engaging in learning
- be struggling with handwriting
- be miserable at home or school
- not be socialising successfully
- have unusual or odd behaviours
- behave aggressively
- avoid new experiences

Physical, thinking or sensory problems may create challenges for learning, social exchanges and behaviour. Some common causes are:

- Developmental Dyspraxia or Coordination Disorder
- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Developmental Delay
- Learning difficulties
- Sensory Processing / Integration Disorder
- Autistic Spectrum Disorders



Many children will **not** have a diagnosis; however, Therapy Professionals friendly therapists may be able to help.

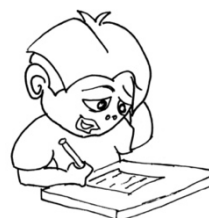
Some common issues families and teachers may experience are in the following lists

Movements

- being clumsy, uncoordinated
- being accident prone
- poor balance
- playing sports
- poor posture, floppy or rigid
- avoiding physical activity
- poor hand eye coordination
- sitting still

Hand skills

- handwriting
- using cutlery
- dressing – buttons and zips
- washing and cleaning themselves



Sound, touch, sight, taste, smell or balance

- sensitive to certain sounds or noises eg covers ears to block out sound
- resisting brushing teeth and hair, or cutting nails
- needing to chew objects eg cloths or toys
- needing to swing, rock, flap, spin or touch objects
- fussy eating or gagging on some foods
- being in a busy place eg shopping malls



Thinking

- reading
- short attention span
- losing and forgetting things
- following instructions
- being understood
- being motivated
- getting started (initiating)
- problem solving

Relating to others

- playing with others
- expressing needs and wants clearly
- fitting in - has few friends
- eye contact
- confidence
- interpreting social cues

Behaviour

- constantly being 'in trouble'
- being the 'class clown'
- being obsessed with a topic
- 'melt downs'
- trying new things
- being withdrawn
- coping with change
- anxiety



One or more of these problems may indicate a need for help

We know when a child is struggling, it affects the whole family and classroom. Our therapists will give support and advice as required by:

- identifying and helping you understand the cause of your child's difficulties
- providing cost effective practical everyday solutions for you and others to help your child
- making a plan and helping you put it into action
- sourcing equipment

Therapy Professionals Therapists

will work with people of **all** ages who are struggling with physical, thinking, sensory, social and behavioural challenges.

We provide services wherever the person/child lives, works, learns or plays.

When desirable we will work closely with:

- families
- caregivers
- teachers
- teacher aids
- our team of Physio, Speech Language, Music and Occupational Therapists, and Dietitians (see individual therapy brochures).
- other health professionals
- workplaces, employers and schools

If a child you know needs help, you don't have to struggle alone, we can help we can come to you.

Just contact Therapy Professionals:

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