

Conditions affecting wellbeing, self-expression, and relating to others

Developmental

- Learning (Intellectual) Disability
- Developmental Delay
- Chromosomal Disorders
eg Down Syndrome
- Dyspraxia
- Autism
- Cerebral Palsy
- Sensory processing

Health and wellbeing:

- Anxiety
- Depression
- Terminal illness

Neurological

- Stroke (CVA)
- Parkinson's
- Multiple Sclerosis (MS)
- Dementia
- Motor Neurone Disease
- Huntington's
- Muscular Dystrophy
- Brain/head Injuries

Therapy Professionals Music Therapists

Our therapists work with the elderly, adults and children who have a disability, injury or illness. Their special interests are learning (intellectual) and/or physical disabilities.

We work closely with:

- families/whanau
- caregivers
- our team of Physio, Speech Language and Occupational Therapists, and Dietitians
- other professionals
- workplaces, employers and schools

We support organisations by providing:

- therapists on contract
- documentation systems
- staff training on the effective use of music, sound and silence for your clients

*Allied Health Sector Standards (NZS8175)
certification in progress*

We can help.

Contact us now

03 377 5280

We come to you

Therapy wherever you live, work, play or learn



**Physio, Speech Language, Music,
Occupational Therapists
and Dietitians**

**Having trouble with wellbeing,
expressing yourself or
relating to others?**

Music Therapy

You don't have to struggle alone.

We can help.

We come to you.

Therapy Professionals Ltd

PO Box 7807

Christchurch

Tel: (03) 377 5280

Fax: (03) 377 5281

Email: admin@tpl.nz

www.therapyprofessionals.co.nz

Music Therapists

- help promote social, emotional and physical wellbeing through music
- understand the relationship between ageing, disability, injury or illness and your wellbeing, self-expression and the ability to relate to others.

Our Music Therapists are:

- registered with the New Zealand Music Therapy Registration Board.
- educated at postgraduate level which includes the study of human development and psychology, giving them the knowledge and skills to help you
- up to date with latest trends and research
- Ministry of Education Specialists
- skilled in working with children, adults and older people

They follow a Code of Ethics.

*Music Therapy is a recognised
Allied Health profession.*

Having problems with

- communication
- self expression
- relating to others
- stress, anxiety and depression
- relaxing
- expressing and managing emotions
- confidence
- participating
- taking turns and sharing
- tolerating change and trying new things
- concentrating and attending
- motivation and initiative
- memory and learning
- making choices
- sensory needs
- being independent
- physical movement

We can help

Our Music Therapists will work with you using:

- instruments
- singing and making vocal sounds
- moving to music
- improvising
- song writing
- listening to music
- reminiscence

With you, and those supporting you, they will:

- work with you individually or in a small group
- through consultation make a plan and help you put it into action
- recommend equipment

For more information on Music Therapy
<http://www.musictherapy.org.nz>

Therapy wherever you live, work, play or learn