

## **Nail Trimming Service**



## When aging or disability makes it hard to reach and cut your toes we can help with:

- · trimming your toenails and finger nails
- · removing corns, calluses and dry skin
- managing fungal infections

Long and poorly cared for toenails can cause discomfort, pain and infection, which may affect your mobility and independence.

Nails need to be trimmed regularly, we recommend trimming every 6-12 weeks, depending on how fast they grow.

## **Nail Clipping Clinics**

Monthly on a Tuesday morning Physical Sense 300 Colombo Street

Additional Clinic in Spreydon Monthly on a Thursday afternoon

## Book an appointment at

Therapy Professionals Ltd

Ph: 03 377 5280 Email: <u>admin@tpl.nz</u>

Prices (2019): \$30.00 toes \$10.00 fingers