



Therapy Professionals Ltd Newsletter

Summer 2019

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Therapy Professionals is a therapy service from childhood to old age, for people with disabilities. We aim to make life better.

Therapy Professionals Ltd's team includes Physio, Speech Language, Music and Occupational Therapists and Dietitians.

Our Founder

In July last year, the founder of Therapy Professionals Ltd, Clare O'Hagan, died. Clare was a pioneer in community care for those with disabilities.



In the early 1980's Clare could see the best outcome for rehabilitation was to work with a person wherever they lived, worked or played. She understood no one-health profession held the monopoly on health care and rehabilitation. Clare believed by truly working together with the client and their significant others, health professionals could produce much richer outcomes for their clients. This was the beginning of her dream to have an allied health community transdisciplinary team, which still operates today.

We miss her vision, drive, energy, enthusiasm and passion for providing services in the community.

The Cantabrainers Choir

After developing and running the Cantabrainers Choir for seven years Therapy Professionals is delighted to announce it has handed over the management of the Choir to 'The Cantabrainers Therapeutic Choir Trust'. The trustees are Clare Murray (Chair), Naomi Ferguson and Dr Gerald Johnstone. They have already secured some funding for the choir, which is fantastic.

We wish to thank Dame Adrienne Stewart, Linda Webb, Naomi Ferguson and Clare Murray for their work in setting up the Cantabrainers Therapeutic Choir Trust, which will help ensure the survival of the Cantabrainers Choir.

For the choir members not much will change. Kim Jones, Music Therapist and Angela Reimer, Speech Language Therapist are continuing in their roles. Shonagh O'Hagan is handing over the coordination role to Louise Wakefield.

We wish the Trust every success and encourage those with communication problems, as a result of a neurological condition, to give the choir a go!



Arthritis Exercise Classes

Designed by physiotherapists to be safe and effective for Arthritis.

Accredited by Sport Canterbury as ACC Strength and Balance approved.

They classes run during the school terms. Siobhan O'Neill, Class Leader, takes three classes. She is supervised and supported by our physiotherapists.

Class Timetable	Classes run during school terms.	Cost \$10 per class
Tuesday	Merivale The Blind Foundation 96 Bristol Street	9.15 – 10.15 am
Friday	Somerfield St Marks Church Corner of Somerfield and Barrington Streets	9.15 – 10.15 am
	Hornby Presbyterian Church Hall 27 Amyes Road	11.00 am – 12.00 pm



Having trouble finding a gift?

Therapy Professionals gift vouchers could be the answer.

If you want to give an elderly relative or a child with special needs a little help, and don't know how? A gift voucher can be a very good way to do this.

Choose any amount from \$25 or over to go towards Physio, Speech Language, Music and Occupational Therapy and Dietetics.

If you're not sure what these therapists do, check out our website

<http://www.therapyprofessionals.co.nz>

	Gift Voucher for Therapy
To: _____	Voucher No:
From: _____	This certificate contributes to the cost of therapy services. Contact Therapy Professionals Ltd to organise therapy.
Amount: _____	Voucher not transferrable for cash.
Valid until: _____	 Therapy Professionals Ltd Physio, Speech Language, Music, Occupational Therapists & Dietitians
	Email: admin@tpl.nz Phone: 03 377 5280 Website: www.therapyprofessionals.co.nz

Equipment Sale

Over the years we have collected equipment we don't need and it's time for it to go!

If you're interested in any of the items below just contact us phone 03 3775280 or email admin@tpl.nz

Frames & crutches:

\$10 or near offer

Chair retailed for
\$1500 – only a year old

Make us a good offer



1



2



3



4



5



6



7



8



9



(pair)
10



(3 singles)
11



12

Your employees are like matches If you don't protect them your profits could go up in smoke!!



Are you assessing the cost of an injury?

This is not a simple thing. ACC have a cost calculator on their website which may be useful.

An example they give is a nurse aide sustains a significant back injury (prolapsed disc in her lumbar spine) as she attempts to independently move a patient in bed. She has six weeks off (potentially 13 weeks).

Summary of the costs

	Costs
Incident costs	\$100
Investigation costs	\$365
Damage costs	0
Replacement costs	\$310
Productivity costs	\$8395
TOTAL	\$9170

If the nurse aide had been at work for the six weeks the wage bill would have come to \$6,000 (including hourly rate, pro rated of all leaves, admin costs etc).

Manual Handling injuries are high among health care workers. Investing in manual handling training and equipment will benefit your organisation by:

Reduced	=	Increased
ACC Premiums/Claims		Productivity
Sick leave		Profits
Staff turnover		Staff retention

Most of all you get peace of mind knowing you comply with the OSH Code of Practice for Manual Handling.

By taking the first step, you'll know your employees are in safe hands – because like an unlit match, preventing work related energy is far cheaper than see your profits go up in smoke.

Call Therapy Professionals Ltd
now on 03 377 5280 to discuss
Manual Handling training.

Staff profile - Ann Newsom



Ann is a physiotherapist with a Post Graduate Certificates in Health Sciences and Occupational Health Physiotherapy.

Ann has extensive experience working with older people, those with disabilities, taking community exercise classes and teaching manual handling skills.

Ann's special interest is manual handling and the prevention of injury to carers and patients. As one of New Zealand's leaders in Manual Handling of people, Ann regularly runs courses for aged care hospitals, rest homes, community homes and Nursing agencies.

Ann has worked for Therapy Professionals for many years.

Nail Trimming Service

This service is proving popular. We have Monthly Clinics on a:

- Tuesday morning at Physical Sense, 300 Colombo St
- Thursday afternoon in Spreydon

Clinic rates: toe nails \$30 fingernails \$10
Home visits: \$50 plus mileage and travel time

Payment by cash, cheque or internet banking.

Contact us to make an appointment. **Phone:** 03 3775280

Email: admin@tpl.nz

