



Oral Health Day 20 March 2019

Oral health is important for everyone even those with no teeth or who don't take food through their mouths. Unfortunately in New Zealand over the past few decades our oral health has declined.

Below are a few links with information on general oral health and our system of free oral health care:

http://www.worldoralhealthday.org/campaign-year/2019

https://www.health.govt.nz/our-work/preventative-health-wellness/oral-health

https://www.cph.co.nz/your-health/oral-health/

This link is more for those who take very little or no food or fluids through their mouth.

http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/oral_care.pdf

