

Conditions affecting Independence

Developmental

- Learning (Intellectual) Disability
- Developmental Delay
- Chromosomal Disorders
 - eg Down Syndrome
- Dyspraxia
- Autism
- Cerebral Palsy
- Sensory processing

Health and wellbeing

- Anxiety and stress
- Arthritis
- Cancer
- Obesity
- Recovering from surgery
- Repetitive strain injuries

Neurological

- Stroke (CVA)
- Parkinson's
- Multiple Sclerosis (MS)
- Dementia
- Motor Neurone Disease
- Huntington's
- Muscular Dystrophy
- Brain/head injuries

Therapy Professionals Occupational Therapists

Our therapists work with the elderly, adults and children who have a disability, injury or illness. Their special interest is learning (intellectual) and/or physical disabilities.

We can work closely with:

- families/whanau
- caregivers
- our team of Physio, Speech Language and Music Therapists, and Dietitians
- other professionals
- workplaces, employers and schools

We support organisations by providing:

- therapists on contract
- documentation systems
- assistance to develop activity and equipment policies and procedures
- staff training eg on use of equipment
- supervision of activity staff
- reviews of activity programmes
- advice on workplace safety
- advice on facility design and equipment

*Allied Health Sector Standards (NZS8175)
certification in progress*

We can help.

Contact us now
03 377 5280

We come to you.

Therapy wherever you live, work, play or learn



**Physio, Speech Language, Music,
Occupational Therapists
and Dietitians**

Struggling with Independence?

Occupational Therapy

**You don't have to struggle alone.
We can help.
We come to you.**

Therapy Professionals Ltd

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Occupational Therapists

- help you maintain or improve your independence and wellbeing by teaching you to adapt your life skills, and/or improve your physical environments.
- understand how ageing, disability, injury or illness can affect your independence and wellbeing.

Our Occupational Therapists are:

- registered under an Act of Parliament
- educated, knowledgeable and have the skills to help you
- up to date with the latest trends and research
- Ministry of Education specialists
- ACC registered
- Enable accredited equipment assessors - *government funded equipment scheme*
- skilled in working with children, adults and older people,

They follow a Code of Ethics.

For more information on Occupational Therapy

<http://www.nzaot.com>
<http://www.otboard.org.nz>

Having problems with

Everyday Tasks:

- preparing and eating food
- getting up from chair, bed or toilet
- washing yourself
- dressing and undressing
- toileting
- grooming

Leisure Activities:

- accessing hobbies/interests
- accessing sports
- getting out and about

Work:

- pain and discomfort
- getting about the workplace
- time management
- stress
- workplace design
- work tasks

Pre school/school:

- concentration and focus
- friendships and socialising
- getting about
- reading and writing
- aggression
- clumsiness

(See our brochure 'Is your child struggling at school and home?')

Therapy wherever you live, work, play or learn

We can help

Our Occupational Therapists will give practical solutions to improve your life, such as:

- suggesting ways to increase your independence
- choosing, issuing and sourcing special equipment
- finding alternative ways of doing things
- removing hazards
- organising your physical environments to work for you



With you, and those supporting you, they will:

- tailor a plan for you and help you put it into action
- review plan if required
- recommend equipment and its funding