

Occupational Therapy

It's Occupational Therapy week 22 - 26 October 2018

Occupational Therapists help with **all** the things you do on a daily basis: looking after yourself and others, your environment, your leisure and work. They aim to maintain or improve your independence, health, wellbeing and quality of life. Occupational Therapists are registered under an Act of Parliament. They meet standards required by the Occupational Therapy Board.



With the ageing population more and more people are requiring surgery for joints. Follow this link for hip care tips for occupational therapy hip care tips for six weeks after your operation.

http://www.therapyprofessionals.co.nz/uploads/4/9/5/2/49523375/hip_care_tips.pdf

If you require the help of one of our friendly occupational therapists contact us as follows:

Phone: **03 377 5280**

Email: admin@tpl.nz